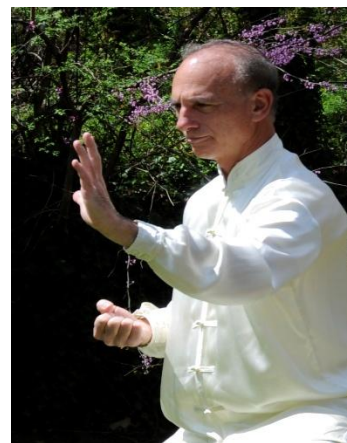


T'AI CHI CH'UAN TEACHER TRAINING WORKSHOP



The instructor of taijiquan requires unique skills and proficiency in three areas: exercise, meditation, and self-defense. This workshop will “fill in the gaps” of your training. In addition, the development of good people skills and communication is essential. The workshop is not only for people with an interest in teaching but also for the serious student wishing to advance their personal practice by learning to experience the classroom as both teacher and student.

[Open to all levels.]

Where: PurEnergy Fitness, 1905 Ashwood Ct., Greensboro
(off Lawndale Ave. near Fresh Market)
When: Saturday December 13, 2025 1:15 – 3:15 PM
Fee : 59.00
Call: 336-447-5122 for more info and to register by phone

(Register at: www.silktigertaichi.com or remit cash or check payable to: Eric Reiss. Avoid the use of perfumes/colognes.)

